

*FemDom Training  
of Submissive Males*



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## **FemDom Training of Submissive Males**

As many people as exist, there are probably an equal amount of sexual fetishes, or variations therein. Mine revolve around Female Dominance, which include Queening, Cuckolding, Facesitting, Spanking, Caning, Ass Worship, Analingus, Blue Balls, BallBusting, Female Ejaculation (Squirting), Verbal Humiliation, Tease and Denial, and Ruined Orgasms for males. These are the main topics of this book.

## **Blue Balls**

Blue Balls. A girls just got to love them, and she should take advantage of them. They are the true sign that you have taken him beyond the point of normal arousal, and into the mode of where he will do virtually anything to please you with the hopes that you will let him have an orgasm. This is also the point where you say no, not until he waits another few hours. Not until you rub, bump, massage, gently squeeze, and torment. If it's your thing, kneeing, kicking, slapping, spanking and punching fits in well when he has blue balls and is leaking pre-cum. When he is begging and pleading with you to \*please\* let him get off, now is the time to extract some promises, dispense with some punishment and torment.

Have him sit nude in front of you and grab his balls, squeeze, twist, pull, tug. Thump them with your finger, tap on them, grind them down. Be very verbal. Tell him his pathetic little cock and balls don't deserve to be allowed to come. Tell him that they are so small and useless that he has no chance of getting laid. As the pre-come starts to dribble out, threaten him that he might have to lick it off your finger. He will have to lick up and swallow all of his own come if you allow him to shoot it out. Ask him if that's what he wants. To be your come sucking little whore. Humiliate him. Use and abuse him.

## Humiliation

For many women, humiliating their husband can be a very erotic and powerful emotion and activity. Breaking the conventional molds of both a male dominated society and treating him in a way that is against everything we were taught as little girls can be thrilling and empowering. For the men that accept/enjoy this form of domination it can be a sexual experience so strong in itself, it can cause light-headedness, an increase of heart rate, a strong sense of devotion to you and in some cases even ejaculations. We all have heard that the way to a mans heart is through his stomach, but one way to his mind is through his penis. Treating him in a way that arouses and denies him will keep him coming back for more. It is up to you to ensure this. His cock is directly linked to his brain, you control one, you control the other.

Humiliating a submissive male can be done in many different ways. To break it down into major categories would simplify it, but the human mind is so complex that it's not possible. Some methods would revolve around his attire, his chores, his mind, his body, his sexuality and/or masculinity. Cross dressing, performing chores or duties for you, verbally abusing or insulting him, mocking his endowment or stamina, suggesting he is not a real man, or maybe even gay (not that there is anything wrong with that). Any or all of these methods will have a very strong effect on submissive men. That is not to say however, that all methods will work for everyone. For some, a more traditional "MomDom" type scolding is the most effective, for others being made to wear panties while being called a small cocked faggot will be have a stronger effect. You just need to experiment and try out different ways to find what works best for you.

I feel that for some men the best approach is the "build up/break down" style of mental torture or anguish. After he has been in submission or training for at least a few weeks, you can implement this method. The idea is to keep him humble and confused. Never insult his intelligence as this will not have the right effect, nor is it productive.

However, if he is nice looking, decently built with a normal size penis and average in bed, by telling him initially that he is good and fine at the above his ego gets pumped up. After a few weeks you should/may begin to criticize his technique in bed, make derogatory comments about his penis size, his stamina and his desire to please you. Over the next few days he will be worried and concerned. Now is the time to reassure him and make him think all is well. A few days later you begin to complain about the same things again, but more forcefully. The whole process just repeats itself till he is constantly anxious and does everything he can to try to please you with even more enthusiasm than before. Part of his masculinity rides on it.

Some feel that in many cases, humiliating him in front of other women is important. This would tie in to the whole "CFNM" fetish (Clothed Female Nude Male). Having his manhood, penis size, and even questioning his sexual orientation in front of your

girlfriends will be devastating and exciting to him at the same time.

I feel that having him serve you and a couple of close friends while being nude or in some type of punishment uniform will really push him to the edge of his desire to submit. He will probably complain and protest, all the while having an erection. The telltale sign for any humiliation tactic is not what is in his eyes or coming out of his mouth, but by what is in his pants. If he is erect, no matter how he protests, you know you are making headway at giving him a good dose of humility.

Continuing with the discussion of various humiliation tactics and techniques I would like to emphasize a couple of points. First off, great caution needs to be taken to ensure the discretion of all persons involved. Many individuals and couples may have a fantasy of public or semi-public humiliation, but a misunderstanding or an inappropriate "audience" can create a host of problems from your community ending in housing, career issues and even legal problems. Verbal insults, or mocking him in front of children can have long lasting impact and confusion on them, they can't detect the difference between "Mommy is dominant" and "Mommy hates Daddy". A slap across the face in front of the wrong people could result in an arrest for domestic violence. Obviously too much public nudity is a potential problem. The heat of the moment of a public humiliation scene can have devastating and long term implications. Use common sense and good judgment at all times.

A great deal has been made of the "small penis" aspect of cuckolding. I feel it is a very useful verbal "tool" to humble a husband or boyfriend. The male ego often seems to be directly attached to the relative size of his reproductive organs. Your lover or "bull" will have a superiority complex do to his larger than average size and much should be made of this. Submissive men should be convinced that they are not as large as they think, even if its not true.

My husband is above average, but after years of my telling him he is inadequate he thinks he is small, which is what I want. A handy mental "list" of words and comments should be kept ready at all times. Pencil dick, tiny, little cock, junior, etc., plus phrases that demean his manhood are all used regularly. Having your girlfriends know, (or at least letting him believe they know) about his "little" problem adds to his humiliation. Coy comments in public, shopping, eating out, really just about anywhere, will keep his penis hard, and his ego in check.

Your convincing him that you think about sex most of the time, are aware of how inadequate he is, and how grateful he should be that you keep him around for any type of sexual activity will help fuel his desire to please you. I often compare his penis and testicle size to various types of vegetables and fruit in the grocery store, (small carrots for his dick, grapes for his balls) and on occasion have done so when a young attractive woman is within earshot. That usually gets a smile or laugh from her, and a red-faced, mortified look of shame from him.

I fully advocate the use of cross dressing and feminization training for those ladies that find it beneficial for their husbands. I myself do not use this method, but do not doubt it's effectiveness for humiliation and as a tool for enforcing control. The same would apply to dildo or strap-on training. As most know, the prostate gland in men is

just behind a wall of flesh within and behind the anal region. Prostrate milking, and any type of insertion will pretty much guarantee an erection, no matter how embarrassing he may find it.

Most heterosexual men are paranoid of anything that might indicate a "gay" trait, and this tactic should be used and taken advantage of with great effort. Feminizing him, cross dressing, emasculating him, and any kind of forced "gay" related (but not necessarily actual) activities will not only reinforce your control, but will gently coax him to follow your commands with no hesitation. His mind is revolting while his penis is erupting. It's the love/hate dynamic wherein his mind protests, but the effect it has on his sex drive and sex organs keeps him coming back for more.

My experience has been that just about any type of safe and sane activity you can devise can be deemed a fetish or humiliation technique. This seems to hold even truer if it is done in the presence of other attractive and knowing women. For a variety of reasons certain men will just about burst with a combination of humiliation and excitement at being forced or ordered to do things in front of a group of women.

As mentioned, I have had my husband clean the house nude in front of one or more of my girlfriends. Have him serve drinks, cater a small intimate party in your home (or theirs) or if you allow it, have him provide even more intimate services to any of your girlfriends. Massages, chores around their homes, running errands and so forth, or a bit of oral service should she desire it. Make sure that everyone involved knows that you will expect a report back from her (or them) on his behavior and that he will be soundly punished for any violations or infractions in proper etiquette or manners. Better still, is to have them punish him before he leaves their home, and then you do it again and more severely after he arrives back to you.

Lastly, and I can not emphasize this point enough, he should be threatened that eventually he will be forced to eat sperm. (Obviously this would not apply to those wives that practice traditional domestic discipline only, with no interest in cuckolding or other forms of female dominance.) As I mentioned earlier, most straight men have an inherent fear of being labeled "gay, homo, or a fag". In an effort to keep him aroused, excited and nervous all at the same time anything to do with sucking a penis, another mans balls, or eating come will have him under your finger.

There is a strong connection between fear, nervousness or anxiety and sexual arousal. He will probably develop a love/hate relationship with all that you expect and demand of him. At a moment of extreme excitement, the first time you order him to swallow semen he will be both aroused and revolted. As you go along and command him to do this more and more, he will associate the being "forced" aspect with his overall sexual arousal.

One way to begin this training before selecting a bull (or if you prefer the word lover), is to have him eat his own ejaculate. This can be done in several ways. One method is where you masturbate him into his own mouth while he is laying on his back with his legs flipped up over his head. Another could be ordering him to lick it off a plate or other utensil, some prefer a shot glass or goblet. I went through a long process of his "come eating training" resulting in my eventual preferred method, simply sitting on his

face and expelling after he has come inside me. It may take some training to ensure he will do this, but it can be accomplished. His aversion to being a cleanup man will be offset by his desire to please you. I will revisit some of this in the Cuckolding section along with training him to eat creampie from you after being properly fucked by one of your lovers.

## Spanking and Punishment

The very essence of any disciplinary program for your husband or boyfriend is the punishment aspect. Without it, you have no recourse for ensuring that your rules and wishes will be followed. By nature, even the most genetically or socially engineered submissive men will occasionally challenge your authority based on their "testosterone based" desire to lead, dictate or to be "the man". With the rapid and firm administration of punishment you can keep these periodic outbursts and challenges in check.

In my opinion most punishments can fundamentally be broken down into either the "domestic discipline" type or the "sexual domination" type. Thinking along the lines of "Teacher / MomDom / Governess" as opposed to "Mistress / Dominatrix". So the former is also called traditional discipline and follows the "traditions" set in the formative years, although more so in previous generations than in present. Traditional also follows a more regimented pattern or style of punishment, (usually OTK or over-the-knee, or laying over a bed, chair etc, and bent slightly while standing.

The implements often used are also rather basic and seem to be more popular depending on the region from whence you come. In England and surrounding areas, the cane, birch rods and straps seem to be historically preferred implements. In America, paddles, belts, hairbrush, and in southern regions switches are more traditional. The latter example is more akin to whips, dungeons and lots of leather. I suggest using some of the above, all of the above or any combination, plus add to it a few more of anything you prefer and enjoy. Some examples could be what I term "sexual punishments" and can range from ball busting, cock and ball torture, tease and denial, whipping, face slapping, bondage, dildo training and so many more, some severe, some humiliating and some just painful along the lines of corporal punishment.

I can not overemphasize the importance, to me at least, of using good hard spankings as the foundation of any discipline training program. This should be expected and also accepted as a given. Regardless of the other interests that may be included, a firm, sound bare bottom spanking should be used regularly, and in a no nonsense manner. For standard offences the use of your firm hand and at least one other implement should suffice. For more serious offences multiple implements should be used.

Some women use what are called "maintenance spankings" to help ensure that you punish him for all the little things he did which you don't know about, and also to help "refresh" his memory. This can be set up on a schedule, or at random. I have a maintenance session usually about once a month. While the level of severity is obviously up to you, I feel it's best to make a lasting impression.

For many people, the standard is to start off with a bare bottom over the lap spanking. Often a good solid wood hairbrush is introduced after a bit, and then a position change would be required for the use of longer implements. For canes, switches, riding

crops, etc., laying over a bed, a chair, or an ottoman works really well. Having him standing and bent over a chair, or leaning over with his hands on the wall works well too, especially for a caning. A favorite position for some is what is commonly referred to as the "diaper position" which is simply him laying on his back, with legs bent and raised, pulled towards his chest. Obviously as if you were diapering a baby. This position works well for added exposure and humiliation, and also if you are so inclined to "take him" anally after, or as part of his punishment and humiliation.

I just think that one can not discount the multiple benefits of firm discipline and punishment while dealing with your errant, unmotivated submissive husband. It can alleviate your sense of frustration with him, it may reduce his guilt and be cathartic, and it should increase his willingness to follow your directions and wishes to a letter. Of course this is contingent upon your being able to maintain firm control and administer the necessary punishment.

I think that the mental portion of a punishment session is equal to the physical. Therefore with myself most sessions begin with a question and answer period, a brief lecture by me, followed by a strict scolding and then the beginning of the actual physical punishment. Usually I feel that this entire process is best served if he is either nude or at least with bare bottom exposed. This enhances his focus on the upcoming punishment, and adds greatly to his feeling of vulnerability. A classic position is if he either stands or kneels in front of you, or for a portion can be over your lap. I think that direct eye contact for at least part of his lecture is very important so his being OTK throughout would make that difficult.

Once the scolding session is done, I start off with a good old fashioned over the lap bare bottom spanking. I've seen and heard about other women giving a "warm up" spanking which I do not agree with. I begin with very firm and hard slaps to the bottom and backs of thighs immediately. My intent is to get every thing to a nice red rosy glow, grabbing his attention and I usually continue scolding while he is in this position.

After a bit I will switch to a hairbrush and really begin the punishment in earnest. I have a few different types that I will use for different purposes, one is heavier and larger, other a harder wood etc., which determine if it is used for bottom or the backs of upper thighs. I feel its best to rotate around and to pay special attention to the crease where thighs connect to bottom. This is a very sensitive yet safe place where the brush can be applied very soundly and with very satisfying results. I feel a true discipline spanking should be just one "degree" below overwhelming. Let's face it ladies, most guys are physically stronger than us, and if you are not using restraints he could overpower you and remove himself from your lap. You want to keep it so that he is right at the threshold of wanting to flee or escape but under that level just enough so he can maintain his position and comportment.

After a long dose of the hairbrush (I often go into the hundreds) I will have him reposition himself for either a strapping, caning, cropping or switching or all of them. For these I either have him stand leaning over a chair, or sofa, laying over a low stool or ottoman, or in the legs up position. Your objective is to have him positioned so that you have access to his bottom with no interference from chair arms or chair backs and good

clearance to swing your chosen implement with no concern of hitting walls, lights, ceiling fans, fixtures, etc.

I usually switch or rotate implements and administer 20 to 30 (I don't really count) with the cane, then the crop, then strap and so on. For a serious punishment session this could go on for quite some time. I usually stop for a moment here and there and interrogate him about how his bottom feels, if he is learning anything, if he is truly sorry and so on.

On different days a certain implement can feel different to the recipient so I'll ask him which one is hurting the most and causing the greatest discomfort, and then apply an extra few dozen with that same one with extra vigor and enthusiasm. Remember, you are not trying to make this fun for him, you are trying to whip and spank his bottom till he is truly contrite. On those occasions where I bring tears to his eyes, I will not show leniency but will continue to administer the same punishment that brought this on, and will often escalate it's severity.

A long punishment session such as this can often take an hour or more. In order to not have to repeat it every few days you want to make a lasting impression. If you spend a couple hours for the whole "production" meaning the scolding, spanking, lecturing etc., and are applying it soundly enough, you should only have to do it about once a month or so.

When you are done his bottom and the backs of his upper thighs should be red, mottled, criss crossed with welts from your switches, belts, straps and canes. Within a day bruising will probably occur but should not be worried about. I prefer to not use heavy paddles as one can easily damage the coccyx (or tailbone). With the "lighter implements" you can inflict great pain and even suffering, causing a great deal of visual damage with no worry of serious or permanent damage. Lighter implements made of wood or leather will get the job done but never do any kind of "deep tissue" bruising. I have to say again that great care should be made to never hit any area around the lower spine or the tailbone.

Before using a cane or long device you should check your distance to make sure the end or tip will not wrap around the hips. Unless of course you are using a very thin and light type of whip and intend for it to wrap and have a few strands connect with his cock and balls. I will elaborate on penis whipping and ball busting elsewhere in this book. Care should be taken to never hit the lower thighs. About two hands width below the crease area is fine, but lower than that on most people there is not enough muscle or padding to safely cover the connective tissues, ligaments, etc. You can slap the insides of the thighs with your hand or a light instrument and I will occasionally dedicate a whole punishment session to just the thighs and legs.

Some believe that after every session he should spend some quality time in the corner. The humiliation of standing with his sore recently spanked bottom exposed as his face is in the corner is priceless. This may be a good time to have one of your girlfriends drop in (meaning prearranged) for a quick cup of coffee. As he will not be allowed to turn around he will hear the two of you talking as if nothing unusual was occurring, except for a bit of laughing or certain comments made about his condition if you feel it

will add to the effect.

Lastly you may wish to follow this up with him thanking you and for some that would include him thanking you with his tongue. For those that practice orgasm control this is a good opportunity as no matter how hard he tries to remain nonchalant about the whole affair he will have become aroused. Additionally for those women that use blue balls torment or punishment he will be well primed for getting a good dose of blue balls. Consider that a good time to advance that type of training.

## **Thigh Spanking**

I believe that once in a while a discipline session should consist of punishing the backs of the upper thighs and nothing else. The tender area right below where a bottom connects with the hamstrings and about 6 inches below is a wonderful area to slap and spank. I would only recommend using your hand, straps, switches, or light canes for this area. Using any (or all) of the above listed implements you should feel free to spank as hard as you normally would on his bottom.

I especially like the upper several inches, and can really get him squirming. I do also spank this upper area with a hairbrush, but usually do that along with a more traditional spanking over my lap. I would not advise using any heavy wood implements on the lower areas due to a lack of padding over the muscle. When done correctly, a good thigh spanking should bring tears to his eyes, and extract any promises for behavior modification you desire.

# Cuckolding

The word cuckold means "the husband of an unfaithful wife". Broader implications in "our" world mean something different and so much more. Unfaithful? Yes. But that seems to imply cheating behind his back. While this does occur, I can not condone it. I believe that what makes cuckolding special is the very fact that the husband does know, and at least tacitly approves (or not, but is at least aware) and often is either willing or ordered to assist his wife in her dating other men. While she is not faithful to him in the biblical sense, she is in that he is fully aware of it, and either approves or tolerates it, or he would obviously divorce her and go on his way.

Within the cuckold world you have those that range in activity from the very rare dalliance with no husband participation, to those where the husband helps to arrange the frequent dates, helps her prepare for her date and assists in every aspect before, during and after. I would fall somewhere in between. But first, no one can avoid the unpleasant but very important topic of STDs. Everyone must go to great lengths to protect themselves and their partners. I have found the best way is to take one very carefully screened lover at a time. A guy who is intelligent enough to be able to recognize the pros of being in a relationship where his only responsibility is to make love to another mans wife. No child support, no spousal support, no nagging wife, no screaming kids, no pressure to get married. He comes, he cums, he goes. For many men this is the ultimate arrangement for them and the wise ones take great care to maintain it.

It's no great secret that the male species likes to have sex. The thing is, some are just better at it than others. The man that provides this (the better sex in the cuckold world), is commonly known as a "bull", as in a superior reproducing stud and he has a rather simple job: have sex with some other guys wife.

The cuckolded husband, often known as an "inferior wimp" has an enormous job before him. He may be responsible for setting dates, helping his wife bathe, dress and prepare for her date. He may be required to serve food or drinks to the couple. He may be required to watch them having sex, he may be required to participate. This could include anything from providing oral service to her before her date, to acting as a "fluffer" (sucking her lovers dick to erection), to helping to insert the bulls penis inside his wife. Most of this is done with an, at least partial, effort to further humiliate the cuckold. Rather than being a manly man, fully capable of satisfying his wife, another man is called in to fuck her and to take care of the "husbandly" duties that he can not provide.

For some cuckold couples the defining moment may be after the bull has ejaculated inside the wife. The common term for this is a 'cream pie". It is a signal of power for the bull, he has just come inside another mans wife, often right in front of him. It is a great sign of humiliation for the husband, another man just had sex with his wife and the

evidence is leaking out of her. It is a pleasurable moment for the wife, she has just been royally fucked, by a great lover and right in front of her submissive husbands face (sometimes literally).

Quite often at this point the husband is either ordered, or expected to eat his wife's creampie. He may have to lick and suck his wives and her lovers combined "fuck juices" off her lovers cock and balls. For her, the oral stimulations of her post coital activities can be very pleasing and may allow her to achieve additional orgasms. For the husband the truth of the moment, the overwhelming blatant reality of having to lick and suck another man's come out of his freshly fucked wife can be repulsive and humiliating and extremely erotic at the same time. Some submissive cuckold husbands view this as the ultimate in proving submission and devotion (and humiliation) to his wife. It is perhaps the single most horrific thing a straight heterosexual man can be ordered to do. A very odd love/hate dynamic can develop within the husbands mind. He is degraded and disgusted with what he does for his wife, and yet is strangely aroused by it, anxiously awaiting the next time he is ordered or allowed to repeat the performance.

One aspect of cuckolding that seems to have been blown out of proportion on the internet is the issue of penis size. According to some opinions, stories, websites etc., all bulls have a huge 12 inch penis and all cuckold wimps have a thin 4 inch penis. I can say (with experience) this is far from true. First off, to settle the debate over average penis size, let me say this, it is 5 inches. A recent study was performed by a team of scientists (they could have just asked me) using a laser "ruler" for measurements and they determined that 5 inches was the average. End of story. Some would want to go into the "mean" versus the average, and take into account millions of other pieces of information, genetics, body mass index, level of arousal, age etc., but in my mind their verdict is in.

In truth, none of this matters as the average cuckolding wife wants something slightly larger than the average and not the monstrous cock some assume we want. At the same time, not all cuckolds have a 4 inch penis, nor do all bulls have a 10 inch cock. In some cases the wimp might actually have a penis of equal or even greater proportion than that of the bull.

The basic instinct of a person determines more what role they would prefer to play or are destined to be in, rather than penis size alone. Having erectile dysfunction, being a premature ejaculator, poor technique, or just being of an overwhelming submissive nature could compel a man to be in the wimp/cuckold role. The opposite, a very dominant guy with great confidence and stamina could fulfill the role of bull with just an average size penis. The mental and emotional aspects of this outweigh the physical attributes but most people tend to focus on the physical alone as being the reason. It's the same as the old belief that all women with big tits are sluts, just simply not true.

Obviously much of this only applies to those that live within the parameters of this type of lifestyle. However, for many this is simply a guide book which they will add and subtract and add to it what is their own beliefs, doctrines and interests.

Service within a cuckolding relationship should be as wide and varied as the wife/cuckoldress desires it to be. For some couples this includes the usual such as helping her before a date and providing oral service afterwards. For some, he may be

required to dress (woman's clothes, French maid outfit, an apron and nothing else and so forth) in a certain attire and his obligations are to care for all house hold duties. Cleaning, preparing meals (for the two of them, or her lover as well on occasion), conducting all that is required in taking care of her wardrobe (sending out and retrieving dry cleaning) or doing the laundry himself.

For those that are more the handyman type this could also include home repair and maintenance. At the very least I feel that a full body massage (and foot massage even more often if not nightly) should occur. Plus just general assistance, drawing her bath, making her morning coffee, bringing her the morning paper and so forth. Yes I am aware that to some this borders on the "slavish/dungeon" type arrangement but it should not be viewed that way.

The majority of cuckold and female dominant relationships that I know of are based on many things. Love, respect, devotion and dedication, trust, a genuine regard for the others health and well being. They may also be based in part on discipline, punishment, humiliation and servitude. The normal conventional rules don't really apply and neither should there be hard limits on what duties or activities based on if something seems to be "Mistress/slave", "Governess/charge", "Teacher/student", and even "Momdom/???".

The reason I am mentioning this is I have received many e-mails from site members or blog readers over the years with questions about if 'this or that' follows the norms of a cuckold marriage. There is *\*no\** norm within a cuckold marriage. I wrote the rules for mine, another woman will write the rules for hers. For those men in a cuckold relationship your duty then is to follow those rules as she has set them.

I suppose that no honest discussion of modern-day cuckoldry would be complete without mentioning the infamous "BBC" (Big Black Cock). A massive amount of time, energy, video, photos, photos with captions, cartoons etc. has been made of this. My opinion is that it is mostly the fascination of middle aged white males. I am not one who cares about race one way or the other. I am not one who buys into the myth that "proper" cuckolding only takes place with BBC (I guess some have never heard of Russia, China, etc where black males don't really exist) and penis size is not "locked in" to the color of ones skin.

I do feel, on an individual basis that a preference by a white woman for black males is totally fine. I do not feel that the way black males are depicted in the "cuckold media" is fine. It's degrading and insulting to them where the implication is that they are all 6' foot 5", work out regularly, have a 10" dick and want nothing more out of life than to fuck a white woman while her husband watches. That is pure fantasy, period.

## Cuckoldress Case Study: Lisa

Lisa is one of my very good friends and (not to be impersonal) she is also a very good "case study" in cuckolding and its many variations. I won't go into how and where we met, however when we did, she was 24, and married in a most unconventional relationship. She has since divorced and is on the market again for the right guy for a long term relationship and in the meantime she is going through lovers like many women go through shoes.

What I find fascinating about her is that she was essentially cuckolding guys years before I met her, and years before she had even heard the term "cuckold", or was even aware there was a term that described her behavior and desires. To some, her actions would be called "sluttish" but knowing her as well as I do, I strongly disagree. You can be a slut or whore (either gender) and be skanky and just downright dirty and dangerous about it. Or you can be a woman with a high sex drive who also comports herself with class, style and finesse, while controlling the situation in your own favor. She would be the second.

Before we became acquainted well enough for me to ask her if she would like know about other methods of female domination I was surprised by how she seemed so emotionally tuned to being a cuckoldress. While having dinner one evening at a Red Lobster she mentioned to me how she got off on finding some guy, basically having him fall for her hard, sometimes in love with her and her toying with him all the while. By "toying" I don't mean in a bad way, not at all. I simply mean that she identified a guys sexual urges and desires and coupled with her own needs fully took advantage of the situation. For her it was companionship and acceptance at that point. She felt (as society tries to do) somewhat guilty admitting to herself that there was a strong sexual component within her as well.

The thing is while she was dating these guys she made no secret of the fact that she was dating other men as well. She also made it painfully aware to them that she would not have sex with them until their relationship had developed to a point where she felt comfortable with doing so. She would kiss them, stroke them, let them feel her up and all.

She told me that on a couple of occasions she would let a couple of the guys go down on her for a bit or insert a finger or two but nothing else. Of course as this went on for a bit they became obsessed over wanting to know why she would have sex with her other boyfriends, but not him (or them in some cases). This usually made them desire her even more, which is what she wanted and got off on. Knowing how they felt about her, their devotion and desire to please her was her own slow way of training them to be obedient to her wishes and to keep their sense of urgency over her at a critical level.

Naturally these relationships would progress to their asking more questions, begging

for more answers, trying to do \*anything\* to please her with the ultimate hope of one day being allowed to have sexual intercourse with her. Most never had the opportunity for a variety of reasons. Some never knew this but they never had a chance in hell to begin with. I would like to mention that Lisa is not a gold digger. These were guys from all walks of life and while I am sure they took her out for nice dinners, perhaps bought her the occasional gift it was not a situation where they were spending serious amounts of money on her. That was never her goal. Her goal was being the worlds greatest cock tease and being desired and lusted after. I would have to pay my compliments as I think she might have achieved that goal and all before the age of 24.

## **Tease and Denial**

T&D is a very interesting and worthwhile pursuit if done correctly. While some may engage in this as a lighthearted foreplay routine (which is fine) I prefer, advocate and teach the ladies that I train in private and on my website to do it only when it will serve a purpose. In my case (and theirs) it's preliminary to a date, receiving oral service or something of that nature. A male will do just about anything you require of him when he is in an aroused state, penis is throbbing and he has blue balls. In between stroking and massaging, I incorporate some slapping (penis and balls), light punching, tweaking, thumping, backhand slaps and so forth. It should be done with enough force to ensure his penis and balls are jiggling around and bouncing up and down and back and forth.

## **Squirting/Female Ejaculation and Golden Showers**

I have partaken in the "wet sexual sports" a few times (few being pretty liberal). I do admit to the rush I get when I pee on a submissive. My cuckold husband being one such great 'target'. I have quite a few times had him kneel or lay in the bath tub and then relieve my full bladder on him. I tried it a couple times on his face, with mouth open and tongue sticking out. But I prefer to pee on his erect cock and his balls.

There is just something very symbolic (to me at least) about watching my piss rain down on his balls. I suppose it ties in well with the cuckoldry aspect of our relationship. My complete and virtually endlessly showing disrespect for his balls, their size, the amount of sperm he ejaculates etc. Love it. To me, it's sort of the ultimate societal sexual taboo in that we (especially women) are supposed to show respect and admiration for a mans penis and testicles. Doing the opposite is sort of like flouting society's conventions and I enjoy that. Or again, love it!

I am a so called "squirter" which means many things to some people, and nothing to many others. It seems that there is a large percent of people who are not even aware that some women 'squirt/ejaculate'. This is really sad and perhaps a good indicator of how pathetic our education system is regarding most things sexual (but that is another topic).

I suppose that my urinating on my husband is a sort of extension of squirting as most studies conclude that there is a mixture of fluids in female 'come' of which urine is a part. Either way, the reaction from my submissive is wonderful for me as he hates it. By that I mean the usual "hate" as in the love/hate dynamic that is often associated with a great deal of sexual acts, domination and submission acts and body fluids. No real point to this, just rambling, but I do have the urge after writing this to go drink an enormous amount of fluids and later tonight...

As for female ejaculation, I'm not going to go much into that as I have already written a book devoted to that topic. It's called "Squirter's Paradise: Female Ejaculation! Wet musings on owning your body's sensual gushing gifts.". It can be found on Amazon or my website or blogs.

It is a collection of my experiences and opinions about female ejaculation and what I've learned that helped me come to accept it as part of my orgasm experience.

The point of the book is when we women are searching to better understand our bodies in a sexual way, it's easy to get incomplete information, or myth disguised as information. Knowledge and confidence are sexy. Whether for yourself, or sharing with your partner, sexual confidence comes from knowing your body, what makes you respond, and what makes you explode.

## Chastity

I am not a huge fan of the chastity fetish. To be quite honest, I have neither the time nor patience to be an "orgasm babysitter". One can find online about a billion guys that have this fetish who want a (obviously totally gorgeous and smoking hot) wife who will spend half her time teasing and denying them orgasms. Edging them (bringing them to the edge of ejaculation) and then stopping. Many want to be in chastity for days, weeks, month or longer. They express a strong desire to be edged several times a day, want to talk about it nonstop, maybe keep a journal, write about it, think about it, talk about it endlessly.

My position is that seems to cater to a male fantasy wherein the female is more of an hourly employee rather than a dominant woman. If she wants to get fucked by him, and it has not been long enough, by his estimation, it will "ruin" his fantasy and good time. I like men, in many ways. As far as sex goes I want a dick or tongue when I want it. I would never realign my own sexual needs around some guys chastity schedule, ever.

## Ruined Orgasms

A submissive with no pleasure is an anxious and very obedient husband. On the one hand this is very beneficial for you. He will endlessly think that "today" is the day that he will be allowed a lovely little orgasm and if he is really lucky, it just might be inside you. He should be so lucky.

The other side of this is that you want to make sure you keep his full attention. If he was forced to go to many days without an ejaculation he can become listless, or even kind of cranky and difficult. In some cases punishment may be in order but in others it's not fair to him. He deserves a reward for being so loyal and taking care of your needs.

One aspect I love about this is his not knowing when he will be allowed a real and true orgasm. I often "ruin" it. This can be done in several ways but the whole idea is that at that crucial moment, when his pleasure level can get no higher, when his balls are contracting and his sperm is at the brink of erupting, you either stop or pull away.

If you are masturbating him by hand, right when his ejaculation begins you can either squeeze so hard it stops, or if you have allowed him inside, you climb off or pull away.

I prefer to be on top when doing this but it can work in any position. If on top when he moans and freezes up I simply climb off and let his penis flop back on his stomach. If he is on top or behind (rare) I will squirm out from under him or just pull away. If its the squeeze method, I will simply grip very hard right beneath the head on his shaft and hold until the "feeling" has gone away.

In either case some sperm will leak out but the "explosion" he is anticipating and is desperate to have will be lost. He may try to grab his penis and stroke it a few last times trying to recapture that feeling but a well placed spank on his balls will stop that.

There is nothing quite like the look on his face when he realizes what is happening. This also can serve another purpose as since he was not allowed to empty his testicles, he is still aroused. I always make sure and put that sexual energy to good use. As in to sit on one of my queening chairs and grind on his face until I come and squirt all over it and use his tongue for a couple very nice and intense orgasms.

## Lesser Men

It's very interesting and also rather classic how submissive types of men hope to attract a mate. In my opinion men with the most true substance eventually outgrow (if they ever had it) the need for "Alpha/Macho" behavior. It's a societal thing, a keeping up with the Joneses/testosterone male thing that is a learned trait as much as a biological one.

Competition, males must compete to reproduce, to win their mate and all that nonsense. It's a misguided effort on their part as you will have noticed no doubt that while we pick "badboys" in high school and perhaps the early years of college, as we mature we begin to look for a man who is stable, kind, loyal and will be a good provider. No, I don't mean gold digging, although that does exist but rather/also a provider of compassion, life long friendship, stability, and a life mate. It takes some of us longer than others to figure out but the attraction of the bad boy is a losing proposition in the long run. Enter cuckoldry.

Within this type of relationship a woman can have the love of her life and a quiet, stable family life at home, and her bad boy lover as well. The best of both worlds. Perhaps guys should alter their approach when they next have a date. Instead of trying to compete with what you think we want, why not try to present what you really are? Obviously I don't mean publicly exposing yourself. But through your manner, your demeanor, how you present yourself in the company of women might attract the right type (for you) of woman to you.

The problem is when you are offering up one image that appeals to a certain type of woman and then upon exposing the real you she feels betrayed or let down. If you cast yourself as a macho, manly man, all Alpha and dominant, then if things progress to intimacy she, upon your exposing your desire to be a wimp, a cuckold or submissive, is disappointed or even disgusted. That's just a waste of your time and a major let down. Stop setting yourself up to be rejected by women who dislike your type and find the right woman who will reject and use you in the manner which you desire and deserve. And don't be bitter towards all women for past experiences. Keep in mind that was then, your future begins now. I can assure you that there are plenty of strong minded, intelligent, clean and healthy, attractive women who would enjoy a life spent with an attractive and successful guy wherein she can have her cake (cock) and you can eat it too. (Sorry, couldn't resist).

## Finding Dominant Women

Everyone needs to understand that every dominant woman has her own "ideal" version of a submissive male. Of course a submissive male also has his notions of an "ideal" woman so he must try to appeal to and avail himself of that specific type of woman. Some dominant women kind of prefer to "break and train" an otherwise "normal" man into their submissive partner. Others may prefer one who is already trained, or very malleable with a minimum of fuss and effort.

Knowing what and how you are would help to decide what type of dominant woman to approach. For example, for a domme who likes a challenge if the sub is a wimp and has the spine (as relates to dominant women alone) of a limp dish rag then you will not appeal to her or her desires.

Having said the above I will make a few suggestions that would appeal to myself and women that are my type, of sorts.

If you are at a cocktail party, an office party, a gallery opening (or similar) and if you find a place to interject into a conversation that pertains to women's standings in politics, the church, the imbalance in pay scales, the "glass ceiling" etc. your opinion that "the world would be better if \_\_\_\_". If women were able to be priests, if women had more opportunity of running part of corporate America, the need for more women in higher offices of politics and so forth it will appeal to, and catch the ears and eyes of all women in general, and the more dominant women in specific.

Of course you must really believe this and mean it. A fraud or someone insincere using the above as a pick up line will quickly be revealed by other conflicting statements, demeanor and attitude. Public or initial private conversations where deference is shown to women in a non "pussy whipped" way is a good start. Where it is applicable in the right context in a conversation or a passing comment you may point out you like strong women, are a fully domesticated male, can appreciate a woman who knows what she wants and goes after it. If it's a more personal conversation or a light-hearted one in public, casual references to women who wear the pants in the family, how she runs her household, the awe you have for powerful women, strong women throughout history or anything similar can help.

My point of all the above is we want a guy who is intelligent and genuine. One who is strong and also compassionate about others, life, causes, our planet, animals, sick people and babies. There are so many ways to present yourself as a man who will take a stand and fight for what is right, but who will not fight against our innermost kinky desires and passions. Opening doors, chivalry, the older customs of how to treat a "lady" are all nice gestures (and should be extended to everyone out of kindness) but you should also appeal to her mind.

Don't be afraid to break the mold of the usual pick up lines, don't come across like

some wimp with no opinion, no stance on anything other than a desire to get dominated as that's just creepy. We have very intricate and complicated minds, capture our intellectual interest. Think along the lines of how we may get aroused by a long story of role reversal, a submissive male, the progression of how she may thrill at slowly bringing him into her web of desire and delightful perverted pleasures, and a guy will get the same effect by looking at a simple photo depicting the above scenario. Don't be simple, don't be overtly and intentionally complex, just be real.

## FemDom World

This is the sort of topic that some men may not find all that interesting, yet women not only might enjoy reading, but also might well agree with. The reason being is that for many men it does not contain that "titillating" quality that they often seek. For women it will hold certain truths that are very apparent. Also perhaps truths that we hope will spread and become adopted as a way of life for future generations of women.

To jump right in and be blunt, the world would be a much better place if it were run by an equal percent of women as males. From a sociological standpoint, I believe that world hunger, homelessness, wars, pollution, certain crimes and the destruction of our planet would be lessened. Many environmental issues and the human caused extinction of various species would be reduced or halted. Many of the asinine laws regarding drugs, prostitution, abortion, health care would not exist or be revised in a way that benefits society rather than the focus simply being on punishing it.

Capitalism would exist, but with a "maternal" twist, meaning simply that while hard work and luck would be rewarded, it would not take place at the expense of hurting those less fortunate as it does now. Much more money would be spent fixing the problems that our current patriarchal system has caused. Funds allocated now for the "my dick is bigger than yours war machine" would be assigned for humanitarian aid, disease and education.

On the individual domestic level wife and child abuse would lessen on a massive scale. Those that were incapable due to mental reasons to function in general society would be assisted and in extreme cases removed to a safe environment, while being treated in a compassionate way rather than leaving them homeless and upon failure, incarceration. The focus on potential rapists, murderers etc., would be early detection and treatment or "isolation" and not on just incarceration with no real attempt at diagnosing the problem and treating those that could be helped. Education, parity, common sense could rule the day, rather than the current mindset of everything being one big pissing contest.

Currently in America (and certain other countries) we have an actual government business of incarceration of it's citizens. If one were to contemplate the many thousands (if not millions) of persons employed by the federal government whose job description is simply to watch, spy on, set up, entrap, and then arrest other citizens, it's staggering and disgusting. Billions of dollars are spent annually on payroll, equipment, office space and real estate to bust our fellow residents for horrendous crimes like smoking a joint, viewing pornography, using the services of a prostitute etc. All the cops, FBI, border patrol, informants on payroll, prison guards, extra judges, law clerks and lawyers needed, the high tech spying equipment, the boats, cars, planes, helicopters, jails, prisons, the parole board and probation officers and on and on and on cost billions of dollars every

year.

The real reason for all this effort and expense? Certain buzzwords like "education, kids, war on drugs, porn, jobs" are what get these incompetent jackals elected again and again. And the results are usually the same. Enron, WorldCom, Silverado, White Water, Bernice Madoff, Wall Street bailouts, recession, homelessness while raises for congress (now with an average retirement package of 7.2 million per person) is business as usual. Business as usual will eventually be the end of the USA and perhaps even civilization.

Obviously women are not even close to being perfect. Those that "speak" for most of us are just playing the mans game, and are in a "pissing contest" with men to try to fit in. The so called "woman's movement" has stagnated since the early seventies. Some "feminist" groups are still hung up on "porn is demeaning to women" and using terms like "woman's lib". What the fuck is that? The major "liberation" we women need now is from ourselves. Repeating the dogma and philosophic nonsense that has been ingrained in our minds by males, the religious right wing nuts and other women too afraid to take their own destiny into their hands needs to stop.

No "liberated" woman would buy into the notion that a topless dancer who makes \$800 a night bending over in front of men is degrading herself anymore than a waitress who bends over tables in front of men for \$80 a night. The difference is that one gets paid more, and that's about it. They both clock in, put in their hours working for someone else, go home, pay their taxes and live their lives. Many are single mothers or are paying their way through college. Some are saving up to start their own business. It's simply a means to an end. This is just one of many examples I could give of how some women are failing themselves and their sisters by "giving up" in their fight for equality.

If a man with saggy 'tits" can walk around shirtless in public, why can't a woman with firm tits? Once they burned their bra's and got the pill they thought they had won the war, when in fact they did not even win the battle. If we don't even own our bodies, shouldn't that be the first step on the agenda? So many are concerned that they are not on an equal pay scale with men that they have lost sight of the fact that they don't have to be. As long we have vaginas we can control the world. It is after all, the one thing in this world that men really want, (beyond food and beer) and should be allowed to have under our conditions, and in some cases forced to have, to pleasure and to worship.

Part of the impetus of my doing this book is to dispel myths created by men under their guise of "female domination". Far to often their version of a Femdom is what contributes to their masturbatory habits and fantasy. They assume that if a woman puts on a leather skirt and corset, has a whip in her hand for one hour a month she is a dominant female. Being a dominant wife, girlfriend or even a mistress is a state of mind, a way of life, and a part of an actual whole well developed person, not something rented by the hour. It is what controls her choices, her goals in life, her dealings with others, her religious and political views.

The portion of her time that is spent administering spankings, scolding, or forcing her husband to eat her pussy is very small, yet not proportionally insignificant. That quality time spent with her significant other (or others) is just one facet of her daily life. However, the men that admire or even worship her need to be taught that aspect of her

personality is her own sexuality and not a "toy" that he can take out of his toy box when he feels frisky or horny.

In this very insane time we are living in we seem to be taking steps in regression as opposed to progression. As I am an American I am speaking primarily for the laws and the current political, sociological and cultural attitudes that exist here, but many apply to other countries as well. The evolution and advancements made by mankind (and equally womankind) over the last few hundred years seem to be reversing in certain areas. Through that period we freed the African Americans that were held as slaves, developed child labor laws and programs to better care for our youth, women were finally allowed to vote (assholes!) and able to make choices about their bodies, reproductive issues, their sexuality, the careers, marital selections, and the control of their lives in general.

Lately the trend (out of fear of a loss of control) certain factions of ultra conservatives have been trying to rescind some of those rights. This is a dual partisan effort in some cases, although the idiots are not working in concert with each other, thankfully, but are just equal "control freaks" and will hopefully fail in their quest.

As generations "turn over" power, there is always a bastion that feels compelled to hang on to their version of Utopia. For us now in this country it is the Bush, Santorum, Ashcroft, Buchanan, Roberts, Dobson "types" that basically want all power to remain with white men (or women that match their ideals, think proxy leaders) the religious zealots, with a bit of racism thrown in for good measure. While none of the spineless bastards will admit it their actions prove this to be true. And while I would not agree with their agenda, I would have a dose of respect for their having the balls to state the truth behind their agenda.

Immigration policies, nepotism, the "good old boy" network, the oppression of gays and others of consensual alternative sexual origins and the division of wealth and power are painfully obvious of their true intentions. No, I am not implying some great conspiracy plot is in the making. I am saying that for all the facades and posturing, no true desire at equality is being implemented. Some people's interpretation of the bible is that woman was put on this planet to be submissive to man.....period.

Even now, in nearly 2012, I have a certain fear of being persecuted and maybe prosecuted and incarcerated for my books, websites and lifestyle. The repressive sex laws that many are trying to enforce and bring back to life are asinine and very scary. Sodomy laws, cohabitation laws, censorship laws, marital laws, internet censorship laws, with every state, city, county having their own versions. In some states and cities you can be arrested for owning a dildo. Yes, a dildo. Another county will prosecute you for having a photo that shows a penis inserting a woman's vagina. I wonder how these paranoid jackasses think they got here? Immaculate conception? Probably. To bad there wasn't an "immaculate contraception" in their cases.

One thing that is odd to me is the connection between their religious doctrines and history and the so called "S and M" world. Various religious cultures had or do still have penitentes, and flagellants. The entire basis of religion is guilt, remorse and penance. Therein lies the control factor and if you break their laws you need to be punished. If you look at the nature of punishment spankings, which start at childhood, you can easily see

where the fetish aspect returns later in life. If the Pope, bishops, and down the line can keep the masses filled with guilt and the threat of damnation, they can control peoples actions. This seems justification to them to reinterpret their Bibles, Korans, Torahs, etc to enable them to maintain fear and power. And of course many politicians are one step behind with their somewhat matched agenda.

Any disagreement or deviation from their beliefs or agenda brands you as "Un-American" or a "Non Christian" etc., and in many cases some will try to take legal, or other punitive actions against you. This all seems to come down to one thing in my opinion, the old and worn out "I have a penis, am ignorant and feel threatened, therefore I will use whatever means necessary to control you".

Its a Friday evening as I finish this and am about to hit "print" (so to speak). I have a "date" with my husband tomorrow afternoon with a hairbrush, my lap, a cane, a queening chair and his tongue. Later in the evening, I have a "date" with a very well built man who is my new lover.....

## **If you enjoyed this book...**

You should know I have two others available. **Cuckold Letters**, and **Squirter's Paradise: Female Ejaculation! Wet musings on owning your body's sensual gushing gifts!**. Both are available in print (at Create Space) and e-book version (on Amazon). Also check out my website, **Fetish Furniture Factory**, where you can learn how to build your own queening chair, and see more of me.